



## Helping Our Community Shine Brightly

Methodist Health System is committed to our community and committed to your health. Here are just a few of the community-strengthening programs we provide:

The **Methodist Life Shines Bright Pregnancy Program**, a project offered through the Methodist Dallas Golden Cross Academic Clinic, is working in partnership with the March of Dimes to reduce the risk of preterm birth. This innovative program includes education, counseling, and health care, and addresses psychosocial, nutritional, and medical needs during pregnancy. In its first two years, the program has successfully reduced the rate of preterm birth from 23 percent to just 5.6 percent, and has saved \$1.2 million in medical costs.



### Other Methodist Community Service Programs Include:

**Prostate Screening and Awareness Program**, a free service that screens more men for prostate cancer than any other hospital-based program in the nation. This program won the Texas Hospital Association Award for Excellence in Community Service—the highest institutional award from the Texas Association of Hospitals. **Senior Access** serves area seniors through health and wellness programs. **Congregational Health Ministry** provides health resources to neighborhood churches. **Methodist Mobile Mammography**, in partnership with Susan G. Komen for the Cure, offers convenient screenings and mammograms. **MedAssist** helps economically challenged patients obtain vital prescriptions through pharmaceutical partnerships.

### Additional Support Includes:

**Semana Binacional del Salud**, which provides health screenings for the Hispanic community, as well as the **March of Dimes**, **American Red Cross**, **Texas Scholars**, **Dallas Area Crisis Response Team**, **National Night Out Against Crime**, **Project Graduation**, **The North Texas Commission**, and other vital programs.



## Proud Members of:

- Arlington Chamber of Commerce
- Cedar Hill Chamber of Commerce
- Dallas Black Chamber of Commerce
- DeSoto Chamber of Commerce
- Duncanville Chamber of Commerce
- Grand Prairie Chamber of Commerce
- Greater Dallas Chamber of Commerce
- Greater Dallas Hispanic Chamber of Commerce
- Lancaster Chamber of Commerce
- Mansfield Chamber of Commerce
- Midlothian Chamber of Commerce
- Murphy Chamber of Commerce
- Oak Cliff Chamber of Commerce
- Richardson Chamber of Commerce
- Sachse Chamber of Commerce
- Wylie Chamber of Commerce

## Compelling Community Events

Methodist is proud to support the communities we serve with a broad range of health fairs, from heart and back wellness to women's health issues, weight management, and more. **Methodist Charlton Medical Center** recognizes the pastors and ministry leaders who serve patients and their families with spiritual support by hosting an annual Pastor's Appreciation Luncheon and a First Lady and Women in Ministry brunch in honor of the faithful service from local ministry.



## \$465 Million in Economic Impact

In fiscal 2010, Methodist Health System contributed more than \$465 million to our local communities, providing over \$87 million in uncompensated charity care, and paid \$378 million in employee salaries and benefits. We employ 6,945 professionals, making us one of the largest employers in our area.

## Growing Healthy and Bright

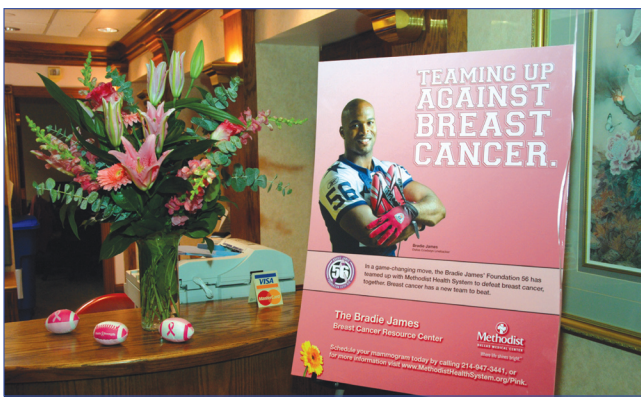
Methodist Health System has a goal to become the healthiest health system in America. The American Heart Association has recognized our efforts with a Start! Fit-Friendly Company designation for going above and beyond for the health of our employees. For seven consecutive years, Methodist Health System is proud to have ranked among the Top 10 Best Places to Work by the *Dallas Business Journal*.



## Teaming Up to Tackle Breast Cancer

Dallas Cowboys linebacker, #56 Bradie James, has teamed up with Methodist Health System to tackle breast cancer. The new partnership has established the Bradie James Breast Cancer Resource Center at **Methodist Dallas Medical Center**. The facility provides breast cancer patients with on-site and online education, group support, and more. There is even personalized assistance with the fitting of wigs, scarves, hats, and prosthetics for breast cancer survivors. A new mobile mammography unit further expands our outreach efforts in the community.

For the 11th consecutive year, Methodist Health System has received a grant from the Dallas County Affiliate of Susan G. Komen for the Cure to support screening and diagnostic breast imaging services for uninsured and underserved patients. **Methodist Richardson Medical Center** utilizes the Susan G. Komen grant to support its breast health awareness and education program called the Asian Breast Health Outreach Project, which offers free mammogram screenings to uninsured and underinsured Asian women over the age of 40.



## Maternity Care Excellence

**Methodist Charlton Medical Center** has received national prestige for maternity care from HealthGrades®, the nation's leading independent health care ratings organization. The designation places Methodist Charlton in the top 10 percent nationwide for excellence in maternity care. This is the fourth consecutive year Methodist Charlton has won the award.

## Awarded the Best and Brightest for Quality Care

Congratulations to the 73 physicians on the Methodist Health System medical staff who were recognized by *D Magazine* as among the "Best Doctors in Dallas 2010." **Methodist Dallas**, **Methodist Richardson**, and **Methodist Charlton Medical Centers** have recently earned the Certified Stroke Center designation, meaning they are optimally prepared to provide the highest level of quality care to stroke patients. **Methodist Richardson** and **Methodist Mansfield Medical Centers** are now Accredited Chest Pain Centers—two of only a few hospitals in the Dallas area to be named Cycle III Chest Pain Centers, the highest level of accreditation.



## Pat and Emmitt Smith Receive Folsom Award

Methodist Health System Foundation had the honor of presenting Pat and Emmitt Smith with the 2010 Robert S. Folsom Leadership Award. Recipients of the award are selected for their accomplishments in making a lasting, positive change in the Dallas community while inspiring others to follow in their paths. The Smiths designated proceeds from the event to help provide care to indigent patients at Methodist Health System.



## Enlightening Events and Groups

Methodist Health System offers a wide variety of groups, classes, and events. For more information, call 214-947-0000 or visit [www.MethodistHealthSystem.org/Events](http://www.MethodistHealthSystem.org/Events).

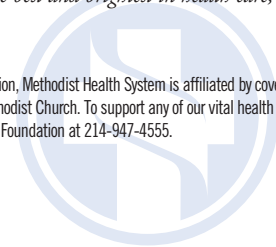
### Support Groups:

Breast Cancer (Spanish and English) • Diabetes Self-Management Program • Transplant • Bravehearts Stroke and Cardiovascular Mental Health • Resolve Through Sharing Bereavement Support Rehabilitation • Weight Management • "I Can Cope" Cancer Patient/Caregiver Support

## Where Life Shines Bright™

When you look for the best and brightest in health care, look to Methodist Health System.

A nonprofit 501(c)3 organization, Methodist Health System is affiliated by covenant with the North Texas Conference of the United Methodist Church. To support any of our vital health care and community programs, call Methodist Health System Foundation at 214-947-4555.



MethodistHealthSystem.org • 214-947-0000 • 877-637-4297

Methodist Dallas Medical Center

1441 North Beckley Avenue, Dallas, Texas 75203

Methodist Charlton Medical Center

3500 West Wheatland Road, Dallas, Texas 75237

Methodist Mansfield Medical Center

2700 East Broad Street, Mansfield, Texas 76063

Methodist Richardson Medical Center

401 West Campbell Road, Richardson, Texas 75080

Methodist Richardson Medical Center Bush/Renner

2831 East President George Bush Turnpike, Richardson, Texas 75082